

Nutrition Assessment Adult
11/05/21 14:12 EDT Performed by Blaine, Alicia Student Dietitian
Entered on 11/05/21 14:19 EDT

Updated on

11/05/21 14:21 EDT by Palauskas, Jennifer Registered Dietician

Physical Findings and Nutrition History I

Nutrition Symptoms: None

Physical Appearance: Well nourished

Appetite: Good

Nutrition Orders: Regular Diet. - 11/04/21 9:00:00 EDT, Constant Indicator

Meal Concerns: No cultural/religious food preferences

Nutrition Skin Condition: Skin intact

Nutrition Comments: Pt was seen in routine visit to assess post-partum nutritional concerns and appetite. Pt reports a good appetite with no additional nutrition-relation concerns. Discharge plan to home.

Allergy

<u>Allergy</u>	<u>Reaction</u>
1. penicillin	

Allergies Reviewed: Yes

Nutrition Assessment Adult

BSA Measured: In Error

Body Mass Index Measured: In Error

Ideal Body Weight Calculated: In Error

Estimated Energy Needs Low: 2300 Kcal/day

Estimated Protein Needs Low: 80 gm/day

Estimated Energy Needs Low kcal/kg: 35 Kcal/kg

Estimated Protein Needs Low gm/Kg: 1.2 gm/kg

Estimated Fluid Needs Low: 2640 mL/day

Care Coordination: Care coordination

Food and Nutrient Intake Outcomes/Goals: Continue adequate calorie and protein intake to promote postpartum healing and energy levels.

Food and Food and Nutrient Goal Time: By Discharge

Nutrition Monitoring Other Comments: cosigned Jennifer Palauskas, RD

Days until Dietician Follow Up: 7

Dietitian Duration of Contact: 15 Minutes