

initial TF  
+ dysphagia

**Nutrition Assessment Adult**  
11/30/21 10:39 EST Performed by Blaine, Alicia Student Dietitian  
Entered on 11/30/21 10:49 EST

**Updated on**

11/30/21 12:06 EST by Palauskas, Jennifer Registered Dietician  
11/30/21 10:58 EST by Blaine, Alicia Student Dietitian

**Physical Findings and Nutrition History I**

**Nutrition Symptoms:** Skin changes

**Comment:** left lateral lower extremity stasis ulcer

**Appetite:** Other: NPO, vented

**Nutrition Orders:** NPO. - 11/29/21 19:47:00 EST, NPO except for medications, Constant Order

**Meal Concerns:** No cultural/religious food preferences

**Nutrition Skin Condition:** Other: left lateral lower extremity stasis ulcer

**Signs and symptoms of possible swallow:** None of the above

**Nutrition Comments:** Pt dx of pneumonia with PMHx of HTN, hyperlipidemia, GERD and DMT2. Pt is vented and NPO at this time. Orogastric tube, suctioning bile. BMI is 21.73. Alb 2.9. Pt has predicted insufficient energy intake and risk of protein calorie malnutrition. Energy needs are 2,200 kcal/day, 91 g/d protein, with 2,660 mL/d fluids. Recommend starting tube feed to promote a healthy weight status and prevent protein calorie malnutrition. Suggest Glucerna 1.2 at 30 mL/hr, increase every 4 hrs to reach a goal of 75 mL/hr. This would provide 98% of energy needs, and 100% of pro needs. Discharge plan to be determined.

**Allergy**

**Allergy**

- 1. Crestor
- 2. Valproate Sodium

**Reaction**

**Comment:** Increased ammonia levels and encephalopathy

**Allergies Reviewed:** Yes

**Nutrition Assessment Adult**

**BSA Measured:** In Error

**Body Mass Index Measured:** In Error

**Ideal Body Weight Calculated:** In Error

**Estimated Energy Needs Low:** 1900 Kcal/day

**Estimated Energy Needs High:** 2200 Kcal/day

**Estimated Protein Needs Low:** 76 gm/day

**Estimated Protein Needs High:** 91 gm/day

**Estimated Energy Needs Low kcal/kg:** 25 Kcal/kg

**Estimated Energy Needs High kcal/kg:** 30 Kcal/kg

**Estimated Protein Needs Low gm/Kg:** 1 gm/kg

**Estimated Protein Needs High gm/Kg:** 1.2 gm/kg

**Estimated Fluid Needs Low:** 2660 mL/day

**Nutrition Diagnosis #1:** Inadequate energy intake NI - 1.2 2019

**Nutrition Related To:** impaired chewing/swallowing function

**Nutrition As Evidence By:** NPO

**Progress of Nutrition Diagnosis #1:** Continues

**Nutrition Diagnosis #2:** Increased nutrient needs NI - 5.1 2019

**Nutrition #2 Related To:** acute illness

**Nutrition #2 As Evidence By:** ventilation, NPO order, stasis ulcer and Alb 2.9.

**Progress of Nutrition Diagnosis #2:** Continues

**Nutrition Intervention:** Other: enteral nutrition

**Nutrition Recommendations/Additional:** Glucerna 1.2 starting at 30 mL/hr, increasing every 4 hrs to reach a goal rate of 75 mL/hr.

**Care Coordination:** Care coordination

**Food and Nutrient Intake Outcomes/Goals:** provide adequate nutrition

**Food and Food and Nutrient Goal Time:** By Next Review

**Nutrition Monitoring Other Comments:** cosigned Jennifer Palauskas, RD

**Days until Dietician Follow Up:** 3