

Alicia Blaine

8/26/21

MS/DI Community

Activity Log

Performance Indicator	CPE Activity Type	Activity Title	Activity Provider	CPE Units	Activity Date	How did you use the knowledge, skill judgement, and attitude acquire from this learning activity?
1.1.4 Continuously develops and enhances expertise by seeking feedback and self-assessing competence.		Feedback and Self-Assessment	WMH	4	7/19/2021-8/19/2021	Before presenting my HPP, I created a pre-and-post survey to be used by participants before and after my presentation. The surveys showed that my HPP was helpful and effective.
1.1.7 Builds collaborative relationships to encourage professional growth and development		Professional Development and Growth	WMH	5+	7/19/2021-8/19/2021	Throughout my time at WMH, I connected with various community workers and healthcare providers that I can continue to collaborate with in the future, which in turn encourages self-professional development and growth.
6.2.2 Selects and uses appropriate tools and skills to collect and interpret research data.		Collect and Interpret Research	WMH	10+	7/19/21-8/19/2021	I performed extensive research on various health related topics during my time at WMH. For my HPP specifically, I used tools such as BRFSS and CDC databases to collect and interpret research data.

<p>6.2.3 Analyzes and interprets data to form valid conclusions and to make recommendations.</p>		<p>Analyze, Interpret and Conclude</p>	<p>WMH</p>	<p>5+</p>	<p>7/19/21-8/19/2021</p>	<p>Based on my research for my HPP program, I developed learning materials that analyzed and interpreted the data I collected.</p>
<p>12.3.1 Designs programs, interventions , or initiatives based on assessment and surveillance data and evidence-based literature.</p>		<p>Evidence-Based Program Development</p>	<p>WMH</p>	<p>10+</p>	<p>7/19/21-8/19/2021</p>	<p>Each step of developing my HPP required continuous assessment and surveillance data on the community I served. Additionally, I was able to locate the Academy's research to provide participants with current data.</p>
<p>12.3.3 Takes into consideration any population and environmental disparities (e.g., sickness and disease, food and water access finances, air and water quality,) when developing programs.</p>		<p>Adapting for communities</p>	<p>WMH</p>	<p>8+</p>	<p>7/19/21-8/2/21/2021</p>	<p>While planning my HPP, I focused on the WMH Food Prescription program which only serves individuals who are diagnosed with CHF, COPD, HTN and/or DM. Additionally, participants must verbalize food insecurity. With these criteria being in place for program participation, it was necessary to adapt my HPP to the community.</p>