

Assessment, quart

Nutrition Evaluation. - V 5

Resident: ██████████
Initial Admission: 02/16/2022
Score: NA

Effective Date: 02/17/2022 10:09
Admission: 02/16/2022
Category: NA

Location: 1 north 103 w
Date of Birth: ~~11/07/1957~~
Physician: Kuchemba, Leonard A

A. General Information

1. Person interviewed for information (check all that apply);

- a. Resident b. Significant Other c. Nurse d. Other

2. Most Recent Height

Height: 64.5 Date: 02/17/2022 09:51

Method: Lying down

3. Most Recent Weight

Weight: 135.6 Date: 02/17/2022 09:38

Scale: Wheelchair

4. Usual body weight (UBW) if known:

5. Body Mass Index (BMI):

22.56

6. Weight status per BMI:

- a. Underweight
 b. Normal
 c. Overweight
 d. Obese
 e. Morbidly Obese
 f. Unable to Determine

7. Allergies

Codeine

8. Additional Comments:

B. Diet Orders

1. Diet Type:

- a. Regular → vegan
b. 2 gm NA
c. 80GM Renal
d. CC/RCS/Renal
e. Clear Liquid
f. Controlled Carbohydrate
g. Extra Protein
h. Fortified
i. Full Liquid Diet
j. Gluten Restricted
k. Lactose Controlled
l. Low Fat / Low Cholesterol
m. NAS (No Added Salt)
n. NPO-Nothing By Mouth
o. Reduced Concentrated Sweets

p. Vegetarian

q. Other

1b. Additional details related to diet (i.e., portion size, etc.) if any:

2. Diet Texture:

- a. Regular
- b. Finger Foods
- c. Mechanical Soft, Chopped
- d. Mechanical Soft, Chopped Fine
- e. Mechanical Soft, Ground
- f. Pureed
- g. NDD2/Minced and Moist
- h. NDD3/Soft and Bite Sized
- i. Not applicable (NPO or Tube Feed)

3. Are there any orders for Thickened Liquids?

- a. Yes
- b. No

4. Are there any Fluid Restriction orders?

- a. Yes
- b. No

5. Are any Nutritional Supplements ordered?

- a. Yes
 - b. No
- Liquid Protein (Pro-Stat, BID)

Enteral

6. Are there orders for Enteral Feedings?

- a. Yes
- b. No

Parenteral

7. Are there orders for Parenteral Feedings?

- a. Yes
- b. No

C. Additional Issues

Functional

1. Are there any functional issues affecting ability to eat?

- a. Yes
- b. No

2. Is any adaptive dining equipment used?

- a. Yes
- b. No

Behavior

3. Are there any behavior problems that interfere with eating?

- a. Yes
- b. No

4. Are there any dental/oral issues that may impact eating?

- a. Yes
- b. No

D. Diseases/Conditions

1. Relevant Diagnoses:

non-healing open wound (left ankle), HLD

2. Additional conditions/comorbidities or details:

3. Does the resident have any current skin breakdown?

- a. Yes
- b. No

E. Medications and Lab Values

Resident: Jensen, Dalinda (J/484)

Medication

Lactobacillus, statin, Ferrous Sulfate, antibiotics
→ PICC AB Tx

1. Are there any medications impacting nutrition?

- a. Yes b. No

Laboratory Values

2. Are there any recent Laboratory values impacting nutrition?

- a. Yes b. No

F. Weight Status/ Nutritional Needs

Weight Status

1. Resident's weight status:

- a. Stable
 b. Loss
 c. Gain
 d. Fluctuating
 e. Information prior to admission unavailable
 f. Unable to determine

1f. Additional information:

Estimated Nutritional Needs

2. Are you able to estimate nutritional needs based on assessment data?

- a. Yes b. No

3. Select formula used to calculate nutritional needs: CBW

- a. MSJ b. BEE c. Calories/Kg d. Other e. Not applicable

kcal = 1,232 - 1,540 kcal/d
 mL = 1,232 - 1,500 mL/d
 Pro = 62 - 74 g/d

4. Additional detail (Explain any variance used in calculating nutritional needs):

CBW (62 kg)

5. Average meal intake:

- a. 0-25% b. 26-50% c. 51-75% d. 76-100% e. N/A

G. Nutrition Problems and Interventions

Nutrition Problems

1. Based on Nutrition Care Process, select all identified Nutritional Problems:

- a. Increased energy expenditure
- b. Inadequate energy intake
- c. Predicted sub-optimal energy intake
- d. Inadequate oral intake
- e. Increased nutrient needs *r/t wound healing e/b open wound on LLE*
- f. Inadequate protein-energy intake
- g. Inadequate protein intake *r/t vegan diet e/b non-healing open wound on LLE*
- h. Impaired nutrient utilization
- i. Altered nutrition related laboratory values
- j. Underweight
- k. Unintended weight loss
- l. Overweight/obesity
- m. Unintended weight gain
- n. Food and Nutrition related knowledge deficit
- o. Self-monitoring deficit

~~_____ (Jensen, Dalinda, JZ401)~~

- p. Swallowing difficulty
- q. Chewing difficulty
- r. Self-feeding difficulty
- s. Altered G.I. function
- t. Other
- u. None of the above

2. Care Plan

Focus: Nutritional Status as evidenced by actual/potential weight loss/gain related to

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Goal: Will consume appropriate amounts of food and fluids to maintain nutritional status

Goal: Will maintain weight of (specify) +/- 3% through next review

Goal: Will not experience a significant change in weight through next review

Goal: Will tolerate diet and textures/consistency

Intervention: Adaptive equipment (specify) as ordered

Intervention: Administer medications as ordered

Intervention: Administer vitamin/mineral supplements as ordered

Intervention: Discourage between meal snacking

Intervention: Discuss weight loss desires with physician and make recommendations for supplements

Intervention: Encourage and assist as needed to consume foods and/or supplements and fluids offered at and between meals

Intervention: Enteral nutrition per physicians orders

Intervention: Fortified foods

Intervention: Honor advance directives related to nutritional/hydration support

Intervention: Honor food preferences

Intervention: If meals refused, offer/provide extra nourishment

Intervention: Liberalized diet

Intervention: Modified diet: (SPECIFY)

Intervention: Notify physician and responsible party of significant weight changes

Intervention: Obtain labs as ordered and notify physician of results

Intervention: Parenteral nutrition per physician order

Intervention: Provide diet/supplements per orders

Intervention: Provide nutrient dense food with meals

Intervention: Provide routine snacks

Intervention: Refer to the Therapy Plan of Treatment in the medical record for more detail

Intervention: Report signs and symptoms of hyperosmolar reaction such as nausea, vomiting, hyperglycemia

Intervention: Therapy evaluation and treatment as ordered

Intervention: Thickened liquids as ordered

Intervention: Weights as ordered

H. Recommendations

1. Recommendations/Additional Comments:

↑ PRO intake w/ ProStat BID