

Nutrition Assessment Adult
11/09/21 15:11 EST Performed by Blaine, Alicia Student Dietitian
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DMT2

Updated on

11/09/21 15:29 EST by Blaine, Alicia Student Dietitian
11/09/21 15:24 EST by Blaine, Alicia Student Dietitian
11/09/21 15:21 EST by Blaine, Alicia Student Dietitian

Physical Findings and Nutrition History I

Nutrition Symptoms: None (In Progress)

Physical Appearance: Obese (In Progress)

Appetite: Poor (In Progress)

Nutrition Orders: Carbohydrate Controlled Diet. - 11/08/21 15:31:00 EST, Carbohydrate Controlled, Constant Indicator (In Progress)

Meal Concerns: No cultural/religious food preferences (In Progress)

Nutrition Skin Condition: Skin intact (In Progress)

Nutrition Comments: Visited pt with hx of HTN, HLD, DMT2 and COPD. Pt reported to ED with diarrhea for 7 days and abd pain. BMI is 49.54 consistent with obesity level 3. Hgb 12.5. Creat is 1.5. Pt uses BIPAP. Pt reports that his appetite has been poor and he hasn't been eating much. Gave pt educational materials on carbohydrate counting and DM diet. Stool study results pending. Will follow-up with patient re diarrhea. Discharge plan to be determined. (In Progress)

Allergy

Allergy

Reaction

1. Topamax
2. Bee Stings

Allergies Reviewed: Yes (In Progress)

Nutrition Assessment Adult

Height/Length Measured: 180.3 cm (In Progress)

BSA Measured: 0 m2 (In Progress)

Body Mass Index Measured: 0 kg/m2 (In Progress)

Ideal Body Weight Calculated: 75.264 kg (In Progress)

Estimated Energy Needs Low: 1882 Kcal/day (In Progress)

Estimated Energy Needs High: 2258 Kcal/day (In Progress)

Estimated Protein Needs Low: 75 gm/day (In Progress)

Estimated Protein Needs High: 90 gm/day (In Progress)

Estimated Energy Needs Low kcal/kg: 25 Kcal/kg (In Progress)

Estimated Energy Needs High kcal/kg: 30 Kcal/kg (In Progress)

Estimated Protein Needs Low gm/Kg: 1.0 gm/kg (In Progress)

Estimated Protein Needs High gm/Kg: 1.2 gm/kg (In Progress)

Estimated Fluid Needs Low: 2250 mL/day (In Progress)

Nutrition Diagnosis #1: Inadequate energy intake NI - 1.2 2019 (In Progress)

Nutrition Related To: poor appetite and intake (In Progress)

Nutrition As Evidence By: pt reports of poor appetite and intake (In Progress)

Progress of Nutrition Diagnosis #1: Continues (In Progress)

Care Coordination: Care coordination (In Progress)

Food and Nutrient Intake Outcomes/Goals: Provide adequate nutrition (In Progress)

Food and Food and Nutrient Goal Time: By Discharge (In Progress)

Days until Dietician Follow Up: 3 (In Progress)

Dietitian Duration of Contact: 15 Minutes (In Progress)