

Nutrition Assessment Adult Entered On: 11/04/2021 12:52 EDT
Performed On: 11/04/2021 12:36 EDT by Blaine, Alicia Student Dietitian

Physical Findings and Nutrition History I

Nutrition Symptoms : Edema

Appetite : Other: NPO, PPN

Nutritional Therapies : NPO. - 10/30/21 10:47:00 EDT, NPO no exceptions, 10/30/21 10:47:00 EDT

Meal Concerns : No cultural/religious food preferences

Skin Condition : Skin intact

Blaine, Alicia Student Dietitian - 11/04/2021 12:36 EDT

Nutrition Comments : Pt is NPO and vented. Pt has PPN at 63 cc/hr, 20% lipid, 4.25% AA and 5% dex. PPN delivering 1,533 kcals/day, 64.25 g/PRO. This meets 85% of pts caloric needs, and 75% of PRO needs. Albumin is 2.1, and pt has 2+ pitting edema. Plan to give dose of albumin per hospitalist note. BUN and creatinine are normal. Skin is dry and intact. Pt has OG tube, LIS- bile. ALT and AST are elevated. Pt has **hx of gastric bypass**, which complicates plan for enteral nutrition. Favor continuing parental nutrition until best options for enteral nutrition are determined. Discharge plan to be determined.

Blaine, Alicia Student Dietitian - 11/04/2021 12:55 EDT

Allergy

Allergies Reviewed : Yes

Blaine, Alicia Student Dietitian - 11/04/2021 12:36 EDT
(As Of: 11/04/2021 12:52:46 EDT)

Allergies (Active)

baclofen

Estimated Onset Date: Unspecified ; *Created By*: Knick, Allison Placek Rn; *Reaction Status*: Active ; *Category*: Drug ;
Substance: baclofen ; *Type*: Allergy ; *Severity*: Severe ;
Updated By: Knick, Allison Placek Rn; *Reviewed Date*:

Result type: Nutrition Assessment Adult - Text
Result date: November 04, 2021 12:36 EDT
Result status: Auth (Verified)
Result title: Nutrition Assessment Adult
Performed by: Palauskas, Jennifer Registered Dietician on November 04, 2021 12:59 EDT
Verified by: Palauskas, Jennifer Registered Dietician on November 04, 2021 12:59 EDT
Encounter info: PAMT008733530, PA Moses Taylor, Inpatient, 10/4/2021 -

Printed by: Palauskas, Jennifer Registered Dietician
Printed on: 11/04/2021 13:02 EDT

11/04/2021 12:45 EDT

fluticasone

Estimated Onset Date: Unspecified ; *Created By:* Jennings, Linda Rn; *Reaction Status:* Active ; *Category:* Drug ; *Substance:* fluticasone ; *Type:* Allergy ; *Severity:* Moderate ; *Updated By:* Jennings, Linda Rn; *Reviewed Date:* 11/04/2021 12:45 EDT

Keppra

Estimated Onset Date: Unspecified ; *Reactions:* Itchy ; *Created By:* Jennings, Linda Rn; *Reaction Status:* Active ; *Category:* Drug ; *Substance:* Keppra ; *Type:* Allergy ; *Severity:* Moderate ; *Updated By:* Jennings, Linda Rn; *Reviewed Date:* 11/04/2021 12:45 EDT

Topamax

Estimated Onset Date: Unspecified ; *Reactions:* Dizziness ; *Created By:* Jennings, Linda Rn; *Reaction Status:* Active ; *Category:* Drug ; *Substance:* Topamax ; *Type:* Allergy ; *Severity:* Moderate ; *Updated By:* Jennings, Linda Rn; *Reviewed Date:* 11/04/2021 12:45 EDT

Toradol

Estimated Onset Date: Unspecified ; *Created By:* Sleeman, Laura Elizabet Rn Charge; *Reaction Status:* Active ; *Category:* Drug ; *Substance:* Toradol ; *Type:* Allergy ; *Severity:* Unknown ; *Updated By:* Sleeman, Laura Elizabet Rn Charge; *Reviewed Date:* 11/04/2021 12:45 EDT

zonisamide

Estimated Onset Date: Unspecified ; *Reactions:* itchy, ha ; *Created By:* Jennings, Linda Rn; *Reaction Status:* Active ; *Category:* Drug ; *Substance:* zonisamide ; *Type:* Allergy ; *Severity:* Moderate ; *Updated By:* Jennings, Linda Rn; *Reviewed Date:* 11/04/2021 12:45 EDT

Nutrition Assessment Adult

Nutrition Monitoring Other Comments : cosigned note Jennifer Palauskas, RD

Result type: Nutrition Assessment Adult - Text
Result date: November 04, 2021 12:36 EDT
Result status: Auth (Verified)
Result title: Nutrition Assessment Adult
Performed by: Palauskas, Jennifer Registered Dietician on November 04, 2021 12:59 EDT
Verified by: Palauskas, Jennifer Registered Dietician on November 04, 2021 12:59 EDT
Encounter info: PAMT008733530, PA Moses Taylor, Inpatient, 10/4/2021 -

Printed by: Palauskas, Jennifer Registered Dietician

Printed on: 11/04/2021 13:02 EDT

Page 2 of 4

Palauskas, Jennifer Registered Dietician - 11/04/2021 12:59 EDT

Weight Measured Kilograms : 87.5 kg(Converted to: 192 lb 14 ounce, 192.90 lb)

Measured Weight Kilograms : 87.5 kg

Height/Length Measured : 182 cm(Converted to: 6 ft 0 in, 6 ft, 72 in)

BSA Measured : 2.1 m²

Body Mass Index Measured : 26.42 kg/m²

Blaine, Alicia Student Dietician - 11/04/2021 12:36 EDT

Weight Change : Gain [IN ERROR]-

Palauskas, Jennifer Registered Dietician - 11/04/2021 12:59 EDT

Ideal Body Weight Calculated : 72.303 kg

Estimated Energy Needs Low : 1,800 Kcal/day

Estimated Protein Needs Low : 72 gm/day

Estimated Protein Needs High : 86 gm/day

Estimated Energy Needs Low kcal/kg : 25 Kcal/kg

Estimated Protein Needs Low gm/Kg : 1 gm/kg

Estimated Protein Needs High gm/Kg : 1.2 gm/kg

Estimated Fluid Needs Low : 2,160 mL/day

Nutrition Diagnosis #1 : Inadequate energy intake NI - 1.2 2019

Nutrition Related To : patient has had a poor appetite only consuming partial of her meals for four months

Nutrition As Evidence By : patient has severe weight loss and moderate muscle and fat wasting.

Progress of Nutrition Diagnosis #1 : Continues

Nutrition Diagnosis #2 : Malnutrition (Undernutrition) NC - 4.1 2019

Blaine, Alicia Student Dietician - 11/04/2021 12:36 EDT

Nutrition #2 Related To : inconsistent caloric intake prior to PPN

Blaine, Alicia Student Dietician - 11/04/2021 12:55 EDT

Nutrition #2 As Evidence By : muscle wasting and fat loss.

Progress of Nutrition Diagnosis #2 : Continues

Blaine, Alicia Student Dietician - 11/04/2021 12:36 EDT

Nutrition Recommendations/Additional Information : PPN running at 63 ml/hr with 20% lipids - providing 1533 kcal/64 gm pro. , meeting 85% estimated kcal needs & 75% pro. needs. continue with PPN & lipids until tube feeds can be initiated.

Palauskas, Jennifer Registered Dietician - 11/04/2021 12:59 EDT

Care Coordination : Care coordination

Food and Nutrient Intake Outcomes/Goals : provide adequate nutrition

Result type: Nutrition Assessment Adult - Text

Result date: November 04, 2021 12:36 EDT

Result status: Auth (Verified)

Result title: Nutrition Assessment Adult

Performed by: Palauskas, Jennifer Registered Dietician on November 04, 2021 12:59 EDT

Verified by: Palauskas, Jennifer Registered Dietician on November 04, 2021 12:59 EDT

Encounter info: PAMT008733530, PA Moses Taylor, Inpatient, 10/4/2021 -

Printed by: Palauskas, Jennifer Registered Dietician

Page 3 of 4

Printed on: 11/04/2021 13:02 EDT