

Nutrition Assessment Adult Entered On: 11/04/2021 11:01 EDT  
Performed On: 11/04/2021 10:45 EDT by Blaine, Alicia Student Dietitian

### Physical Findings and Nutrition History I

*Nutrition Symptoms* : Edema

*Appetite* : Other: NPO

*Nutritional Therapies* : NPO. - 10/22/21 16:06:00 EDT, NPO except for medications, Constant Order

*Dietary Supplements*. - 10/19/21 13:57:00 EDT, Ensure Clear, BID

*Meal Concerns* : No cultural/religious food preferences

*Skin Condition* : Other: Left Hip- red, Right hip- red/yellow, Sacrum- red

*Nutrition Comments* : Pt vented and NPO. On TPN at 63 cc/hr with 250 cc of 20% lipids. This is providing 1,596 kcals, 75.6 g/PRO. This meets 80% kcal needs and 95% low-end PRO needs, and 78% high-end PRO needs. Albumin 2.4 and pt has 3+ generalized pitting edema. BUN and creat normal. Skin/pressure wounds noted, but improving. Spontaneous breathing trials will be started. Continue to follow. Discharge plan to be determined.

### Allergy

*Allergies Reviewed* : Yes

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(As Of: 11/04/2021 11:01:57 EDT)

### Allergies (Active)

No Known Allergies

*Estimated Onset Date*: Unspecified ; *Created By*: Runco, Carmen Rn; *Reaction Status*: Active ; *Category*: Drug ;  
*Substance*: No Known Allergies ; *Type*: Allergy ; *Updated By*:  
Runco, Carmen Rn; *Reviewed Date*: 11/04/2021 10:53 EDT

Result type: Nutrition Assessment Adult - Text  
Result date: November 04, 2021 10:45 EDT  
Result status: Auth (Verified)  
Result title: Nutrition Assessment Adult  
Performed by: Blaine, Alicia Student Dietitian on November 04, 2021 11:02 EDT  
Verified by: Blaine, Alicia Student Dietitian on November 04, 2021 11:02 EDT  
Encounter info: PAMT008736036, PA Moses Taylor, Inpatient, 10/9/2021 -

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Printed on: 11/04/2021 11:03 EDT

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**Nutrition Assessment Adult**

*Nutrition Monitoring Other Comments* : cosigned Jennifer Palauskas, RD

~~BSA Measured~~ : 1.85 m<sup>2</sup> [IN ERROR]

~~Body Mass Index Measured~~ : 19.35 kg/m<sup>2</sup> [IN ERROR]

~~Ideal Body Weight Calculated~~ : 79.882 kg [IN ERROR]

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*Estimated Energy Needs Low* : 2,000 Kcal/day

*Estimated Protein Needs Low* : 80 gm/day

*Estimated Protein Needs High* : 96 gm/day

*Estimated Energy Needs Low kcal/kg* : 25 Kcal/kg

*Estimated Protein Needs Low gm/Kg* : 1 gm/kg

*Estimated Protein Needs High gm/Kg* : 1.2 gm/kg

*Estimated Fluid Needs Low* : 2,000 mL/day

*Nutrition Diagnosis #1* : Excessive alcohol intake NI - 4.3 2019

*Nutrition Related To* : patient states he consume more alcohol instead of eating

*Nutrition As Evidence By* : patient reports

*Progress of Nutrition Diagnosis #1* : Resolved

*Nutrition Diagnosis #2* : Inadequate energy intake NI - 1.2 2019

*Nutrition #2 Related To* : inadequate intake of calories and protein

*Nutrition #2 As Evidence By* : PPN only

*Progress of Nutrition Diagnosis #2* : Resolved

*Nutrition Diagnosis #3* : Increased energy expenditure NI - 1.1 2019

*Nutrition #3 Related To* : increased protein needs

*Nutrition #3 As Evidence By* : wound healing

*Progress of Nutrition Diagnosis #3* : Continues

*Nutrition Recommendations/Additional Information* : TPN is providing 1596 kcal and 75.6 gm protein which is meeting 80% kcal and 95% protein needs.

*Care Coordination* : Care coordination

*Food and Nutrient Intake Outcomes/Goals* : provide adequate means of nutrition

*Food and Food and Nutrient Goal Time Frame* : By Next Review

*Days Until Dietitian Follow-Up* : 3

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