

Nutrition Assessment Adult Entered On: 11/04/2021 12:52 EDT
Performed On: 11/04/2021 12:36 EDT by Blaine, Alicia Student Dietitian

Physical Findings and Nutrition History I

Nutrition Symptoms : Edema

Appetite : Other: NPO, PPN

Nutritional Therapies : NPO. - 10/30/21 10:47:00 EDT, NPO no exceptions, 10/30/21 10:47:00 EDT

Meal Concerns : No cultural/religious food preferences

Skin Condition : Skin intact

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Nutrition Comments : Pt is NPO and vented. Pt has PPN at 63 cc/hr, 20% lipid, 4.25% AA and 5% dex. PPN delivering 1,533 kcals/day, 64.25 g/PRO. This meets 85% of pts caloric needs, and 75% of PRO needs. Albumin is 2.1, and pt has 2+ pitting edema. Plan to give dose of albumin per hospitalist note. BUN and creatinine are normal. Skin is dry and intact. Pt has OG tube, LIS- bile. ALT and AST are elevated. Pt has hx of gastric bypass, which complicates plan for enteral nutrition. Favor continuing parental nutrition until best options for enteral nutrition are determined. Discharge plan to be determined.

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Allergy

Allergies Reviewed : Yes

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(As Of: 11/04/2021 12:52:46 EDT)

Allergies (Active)

baclofen

Estimated Onset Date: Unspecified ; *Created By*: Knick, Allison

Placek Rn; *Reaction Status*: Active ; *Category*: Drug ;

Substance: baclofen ; *Type*: Allergy ; *Severity*: Severe ;

Updated By: Knick, Allison Placek Rn; *Reviewed Date*:

Result type: Nutrition Assessment Adult - Text
Result date: November 04, 2021 12:36 EDT
Result status: Auth (Verified)
Result title: Nutrition Assessment Adult
Performed by: Palauskas, Jennifer Registered Dietician on November 04, 2021 12:59 EDT
Verified by: Palauskas, Jennifer Registered Dietician on November 04, 2021 12:59 EDT
Encounter info: PAMT008733530, PA Moses Taylor, Inpatient, 10/4/2021 -

Printed by: Palauskas, Jennifer Registered Dietician

Printed on: 11/04/2021 13:02 EDT

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fluticasone *Estimated Onset Date:* Unspecified ; *Created By:* Jennings, Linda Rn; *Reaction Status:* Active ; *Category:* Drug ; *Substance:* fluticasone ; *Type:* Allergy ; *Severity:* Moderate ; *Updated By:* Jennings, Linda Rn; *Reviewed Date:* 11/04/2021 12:45 EDT

Keppra *Estimated Onset Date:* Unspecified ; *Reactions:* Itchy ; *Created By:* Jennings, Linda Rn; *Reaction Status:* Active ; *Category:* Drug ; *Substance:* Keppra ; *Type:* Allergy ; *Severity:* Moderate ; *Updated By:* Jennings, Linda Rn; *Reviewed Date:* 11/04/2021 12:45 EDT

Topamax *Estimated Onset Date:* Unspecified ; *Reactions:* Dizziness ; *Created By:* Jennings, Linda Rn; *Reaction Status:* Active ; *Category:* Drug ; *Substance:* Topamax ; *Type:* Allergy ; *Severity:* Moderate ; *Updated By:* Jennings, Linda Rn; *Reviewed Date:* 11/04/2021 12:45 EDT

Toradol *Estimated Onset Date:* Unspecified ; *Created By:* Sleeman, Laura Elizabet Rn Charge; *Reaction Status:* Active ; *Category:* Drug ; *Substance:* Toradol ; *Type:* Allergy ; *Severity:* Unknown ; *Updated By:* Sleeman, Laura Elizabet Rn Charge; *Reviewed Date:* 11/04/2021 12:45 EDT

zonisamide *Estimated Onset Date:* Unspecified ; *Reactions:* itchy, ha ; *Created By:* Jennings, Linda Rn; *Reaction Status:* Active ; *Category:* Drug ; *Substance:* zonisamide ; *Type:* Allergy ; *Severity:* Moderate ; *Updated By:* Jennings, Linda Rn; *Reviewed Date:* 11/04/2021 12:45 EDT

Nutrition Assessment Adult

Nutrition Monitoring Other Comments : cosigned note Jennifer Palauskas, RD

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Weight Measured Kilograms : 87.5 kg(Converted to: 192 lb 14 ounce, 192.90 lb)

Measured Weight Kilograms : 87.5 kg

Height/Length Measured : 182 cm(Converted to: 6 ft 0 in, 6 ft, 72 in)

BSA Measured : 2.1 m2

Body Mass Index Measured : 26.42 kg/m2

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~~*Weight Change* : Gain [IN ERROR]~~

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Ideal Body Weight Calculated : 72.303 kg

Estimated Energy Needs Low : 1,800 Kcal/day

Estimated Protein Needs Low : 72 gm/day

Estimated Protein Needs High : 86 gm/day

Estimated Energy Needs Low kcal/kg : 25 Kcal/kg

Estimated Protein Needs Low gm/Kg : 1 gm/kg

Estimated Protein Needs High gm/Kg : 1.2 gm/kg

Estimated Fluid Needs Low : 2,160 mL/day

Nutrition Diagnosis #1 : Inadequate energy intake NI- 1.2 2019

Nutrition Related To : patient has had a poor appetite only consuming partial of her meals for four months

Nutrition As Evidence By : patient has severe weight loss and moderate muscle and fat wasting.

Progress of Nutrition Diagnosis #1 : Continues

Nutrition Diagnosis #2 : Malnutrition (Undernutrition) NC - 4.1 2019

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Nutrition #2 Related To : inconsistent caloric intake prior to PPN

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Nutrition #2 As Evidence By : muscle wasting and fat loss.

Progress of Nutrition Diagnosis #2 : Continues

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Nutrition Recommendations/Additional Information : PPN running at 63 ml/hr with 20% lipids - providing 1533 kcal/64 gm pro. , meeting 85% estimated kcal needs & 75% pro. needs.
continue with PPN & lipids until tube feeds can be initiated.

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Care Coordination : Care coordination

Food and Nutrient Intake Outcomes/Goals : provide adequate nutrition

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