

Initial TF + dysphagi

Nutrition Assessment Adult
11/30/21 10:39 EST Performed by Blaine, Alicia Student Dietitian
Entered on 11/30/21 10:49 EST

Updated on

11/30/21 12:06 EST by Palauskas, Jennifer Registered Dietician
11/30/21 10:58 EST by Blaine, Alicia Student Dietitian

Physical Findings and Nutrition History I

Nutrition Symptoms: Skin changes

Comment: left lateral lower extremity stasis ulcer

Appetite: Other: NPO, vented

Nutrition Orders: NPO. - 11/29/21 19:47:00 EST, NPO except for medications, Constant Order

Meal Concerns: No cultural/religious food preferences

Nutrition Skin Condition: Other: left lateral lower extremity stasis ulcer

Signs and symptoms of possible swallow: None of the above

Nutrition Comments: Pt dx of pneumonia with PMHx of HTN, hyperlipidemia, GERD and DMT2. Pt is vented and NPO at this time. Orogastric tube, suctioning bile. BMI is 21.73. Alb 2.9. Pt has predicted insufficient energy intake and risk of protein calorie malnutrition. Energy needs are 2,200 kcals/day, 91 g/d protein, with 2,660 mL/d fluids. Recommend starting tube feed to promote a healthy weight status and prevent protein calorie malnutrition. Suggest Glucerna 1.2 at 30 mL/hr, increase every 4 hrs to reach a goal of 75 mL/hr. This would provide 98% of energy needs, and 100% of pro needs. Discharge plan to be determined.

Allergy:

Allergy

Reaction

1. Crestor
2. Valproate Sodium

Comment: Increased ammonia levels and encephalopathy

Allergies Reviewed: Yes

Nutrition Assessment Adult

BSA Measured: In Error

Body Mass Index Measured: In Error

Ideal Body Weight Calculated: In Error

Estimated Energy Needs Low: 1900 Kcal/day

Estimated Energy Needs High: 2200 Kcal/day

Estimated Protein Needs Low: 76 gm/day

Estimated Protein Needs High: 91 gm/day

Estimated Energy Needs Low kcal/kg: 25 Kcal/kg

Estimated Energy Needs High kcal/kg: 30 Kcal/kg

Estimated Protein Needs Low gm/Kg: 1 gm/kg

Estimated Protein Needs High gm/Kg: 1.2 gm/kg

Estimated Fluid Needs Low: 2660 mL/day

Nutrition Diagnosis #1: Inadequate energy intake NI - 1.2 2019

Nutrition Related To: impaired chewing/swallowing function

Nutrition As Evidence By: NPO

Progress of Nutrition Diagnosis #1: Continues

Nutrition Diagnosis #2: Increased nutrient needs NI - 5.1 2019

Nutrition #2 Related To: acute illness

Nutrition #2 As Evidence By: ventilation, NPO order, stasis ulcer and Alb 2.9.

Progress of Nutrition Diagnosis #2: Continues

Nutrition Intervention: Other: enteral nutrition

Nutrition Recommendations/Additional: Glucerna 1.2 starting at 30 mL/hr, increasing every 4 hrs to reach a goal rate of 75 mL/hr.

Care Coordination: Care coordination

Food and Nutrient Intake Outcomes/Goals: provide adequate nutrition

Food and Food and Nutrient Goal Time: By Next Review

Nutrition Monitoring Other Comments: cosigned Jennifer Palauskas, RD

Days until Dietician Follow Up: 3