

Nutrition Assessment Adult Entered On: 11/04/2021 11:01 EDT
Performed On: 11/04/2021 10:45 EDT by Blaine, Alicia Student Dietitian

Physical Findings and Nutrition History I

Nutrition Symptoms : Edema

Appetite : Other: NPO

Nutritional Therapies : NPO. - 10/22/21 16:06:00 EDT, NPO except for medications, Constant Order

Dietary Supplements. - 10/19/21 13:57:00 EDT, Ensure Clear, BID

Meal Concerns : No cultural/religious food preferences

Skin Condition : Other: Left Hip- red, Right hip- red/yellow, Sacrum- red

Nutrition Comments : **Pt** vented and NPO. On TPN at 63 cc/hr with 250 cc of 20% lipids. This is providing 1,596 kcals, 75.6 g/PRO. This meets 80% kcal needs and 95% low-end PRO needs, and 78% high-end PRO needs. Albumin 2.4 and pt has 3+ generalized pitting edema. BUN and creat normal. Skin/pressure wounds noted, but improving. Spontaneous breathing trials will be started. Continue to follow. Discharge plan to be determined.

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Allergy

Allergies Reviewed : Yes

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(As Of: 11/04/2021 11:01:57 EDT)

Allergies (Active)

No Known Allergies

Estimated Onset Date: Unspecified ; *Created By*: Runco, Carmen Rn; *Reaction Status*: Active ; *Category*: Drug ;
Substance: No Known Allergies ; *Type*: Allergy ; *Updated By*:
Runco, Carmen Rn; *Reviewed Date*: 11/04/2021 10:53 EDT

Result type: Nutrition Assessment Adult - Text
Result date: November 04, 2021 10:45 EDT
Result status: Auth (Verified)
Result title: Nutrition Assessment Adult
Performed by: Blaine, Alicia Student Dietitian on November 04, 2021 11:02 EDT
Verified by: Blaine, Alicia Student Dietitian on November 04, 2021 11:02 EDT
Encounter info: PAMT008736036, PA Moses Taylor, Inpatient, 10/9/2021 -

Printed by: Blaine, Alicia Student Dietitian
Printed on: 11/04/2021 11:03 EDT

Nutrition Assessment Adult

Nutrition Monitoring Other Comments : cosigned Jennifer Palauskas, RD

BSA Measured : 1.85 m2 [IN-ERROR]-

Body Mass Index Measured : 19.35 kg/m2 [IN-ERROR]-

Ideal Body Weight Calculated : 79.882 kg [IN-ERROR]-

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Estimated Energy Needs Low : 2,000 Kcal/day

Estimated Protein Needs Low : 80 gm/day

Estimated Protein Needs High : 96 gm/day

Estimated Energy Needs Low kcal/kg : 25 Kcal/kg

Estimated Protein Needs Low gm/Kg : 1 gm/kg

Estimated Protein Needs High gm/Kg : 1.2 gm/kg

Estimated Fluid Needs Low : 2,000 mL/day

Nutrition Diagnosis #1 : Excessive alcohol intake NI - 4.3 2019

Nutrition Related To : patient states he consume more alcohol instead of eating

Nutrition As Evidence By : patient reports

Progress of Nutrition Diagnosis #1 : Resolved

Nutrition Diagnosis #2 : Inadequate energy intake NI - 1.2 2019

Nutrition #2 Related To : inadequate intake of calories and protein

Nutrition #2 As Evidence By : PPN only

Progress of Nutrition Diagnosis #2 : Resolved

Nutrition Diagnosis #3 : Increased energy expenditure NI - 1.1 2019

Nutrition #3 Related To : increased protein needs

Nutrition #3 As Evidence By : wound healing

Progress of Nutrition Diagnosis #3 : Continues

Nutrition Recommendations/Additional Information : TPN is providing 1596 kcal and 75.6 gm protein which is meeting 80% kcal and 95% protein needs.

Care Coordination : Care coordination

Food and Nutrient Intake Outcomes/Goals : provide adequate means of nutrition

Food and Food and Nutrient Goal Time Frame : By Next Review

Days Until Dietitian Follow-Up : 3

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Page 2 of 3